

HOW CAN MY FAMILY HELP ME? AND HOWCAN I HELP MY FAMILY? in Recovery from Eating Distress

Workshop for family members and sufferers

Date: Saturday 11th September 2010

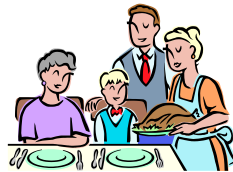
Time 10am to 4pm

Price: €100

Venue: Marino Therapy Centre Tel. 01 8333 126

Topics Included:

- ♣What is eating distress? ♣How can family help ♣Nutritional issues ♣Verbal motivation
- ♣How to prevent relapse ♣Importance of finalising ♣Questions and answers



Booking form for HOW CAN MY FAMILY HELP ME AND HOWCAN I HELP MY FAMILY? Workshop: 11/9/2010

Name: _____

Main Therapist:.....

Address: -----

Telephone number:

Date of Birth: _____

I enclose payment of €100.00