

JUMP IN OR STAND BACK?

PARENTAL GUIDANCE COURSE

**HOW FAMILY MEMBERS CAN HELP SOMEONE SUFFERING
FROM
EATING DISTRESS**

Course of five evenings: 8pm to 9.30pm

9th April 2010

16th April 2010

23rd April 2010

30th April 2010

21st May 2010

Price: 50euros

Topics Included:

- ♣ How do we contribute and how do we help?
- ♣ Boundaries
- ♣ Nutritional issues
- ♣ Verbal motivation
- ♣ How to prevent relapse
- ♣ Questions and answers

Venue: Marino Therapy Centre

Places are limited - interested parties contact the office for bookings

Tel. 01 8333 126

www.marinotherapycentre.com

Booking form for Parental Guidance course April-May 2010

Name: _____

Child's name: _____

Address: _____

Child's age: _____

Telephone no.: _____

I enclose payment of €50.00 _____