

HOW FAMILY AND FRIENDS CAN HELP SOMEONE SUFFERING

FROM EATING DISTRESS

Workshop

Date: Saturday 19th July 2008

Time 10am to 4pm

Price: €100

Venue: Marino Therapy Centre Tel. 01 8333 126

Topics Included:

- ♣What is eating distress? ♣How can family help ♣Nutritional issues ♣Verbal motivation
- ♣How to prevent relapse ♣Questions and answers



Booking form for HOW FAMILY AND FRIENDS CAN HELP SOMEONE SUFFERING FROM Eating Distress Workshop: 19/7/2008

Name: _____

Main Therapist:.....

Address: -----

Telephone number:

Date of Birth: _____

I enclose payment of € 100.00 _____